

# ENRICHMENT PROJECTS FOR PETS



FOR DOGS



FOR CATS



FOR CATS & DOGS



FOR HOME



FOR THE SHELTER

## PROJECT 1

PAPER ROLLS & T-SHIRT RINGS

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happy tails. happy hearts.™

# PROJECT 1- PAPER ROLLS & T-SHIRT RINGS



## PAPER ROLLS

### TOOLS:

Paper towel rolls or toilet paper rolls, Scissors, Non-toxic glue, Colored feathers

### INSTRUCTIONS:

A super simple cat toy is to take a toilet paper or paper towel roll and cut tabs into the ends of the roll. Then bend the tabs so they fan out. You can cut them in many different sizes and shapes, be creative!

Another option is to cut the rolls into different sizes and glue feathers onto the rolls.

## T-SHIRT RINGS

**TOOLS:** Old t-shirt or fleece, Fabric scissors, shower curtain ring

### INSTRUCTIONS:

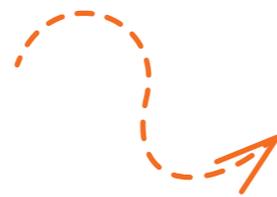
Cut old t-shirt or fleece into strips that are about 1/4 to 1 inch wide. Length of the strips can vary, however you should make them at least 4" long. Take 3 strips and tie them in a knot around the shower ring. Continue around the ring until it is completely covered in the strips of cloth!

**Extra challenge:** Don't have shower rings? No problem! Take 3 of the fabric or t-shirt strips (for these, at least 6 inches long), tie a knot at one end, and braid them together. Tie off the other end at the end of the braid and then tie the two ends together to make a ring toy!

1

2

3



Click on the images!

# PROJECT 2-SNUFFLE MAT TREAT DISPENSER



## TOOLS:

Rubber sink mat, anti-fatigue mat, or door mat with holes (12" by 12" is ideal for medium sized dogs but you can make it any size), Fleece (a yard and a half is a good amount but you can use more or less depending on the size of your mat), Fabric scissors

## INSTRUCTIONS:

Cut the fleece into strips, usually an inch to an inch and a half wide and 6"-7" long works best. You will need a lot of strips; some snuffle mats need around 250! Push the ends of the strips through two holes that are next to each other (for example A-B) and tie the strip on the opposite side of the mat. You can do a single or double knot (see picture 3 to the right). Continue doing this down the first row of the mat, so in the picture above, continue with B-C then C-D...etc. Do this for the second row as well. Once the first two rows are done, go back and tie strips of fleece down each column to fill out the mat. You want to tie fabric on as many sides of each individual small square that you can to make sure there aren't any open spots of the mat. Continue this process until your snuffle mat is now complete! Flip it over, fluff it up, and its ready to go!

# PROJECT 3-SOCK TOYS SNAKE & CRINKLE



## **SNAKE**

### **TOOLS:**

One thigh-high (or long) sock and either stuffing, squeaker or tennis balls

### **INSTRUCTIONS:**

If you have tennis balls or stuffing, start by putting that into the sock and pushing it to the toe part of the sock. If you have a squeaker, put that in the middle of the stuffing. Tie a knot to seal in the tennis ball or stuffing and then continue the process until you've filled the whole sock.

## **CRINKLE**

### **TOOLS:**

One thigh-high (or long) sock. One empty water bottle

### **INSTRUCTIONS:**

Insert an empty water bottle into the sock. The bottle should be empty with cap and plastic ring around the neck removed. Tie a knot on the other end of the sock, securing the water bottle and braid in place. You can also tie a knot or a couple of knots on the toe part of the sock before you put the water bottle in, making a double sided chew toy.

# PROJECT 4-BRAIDED ROPE TOY WITH TENNIS BALL



**TOOLS:** Old t-shirt or fleece, a tennis ball, fabric scissors, and regular scissors or knife

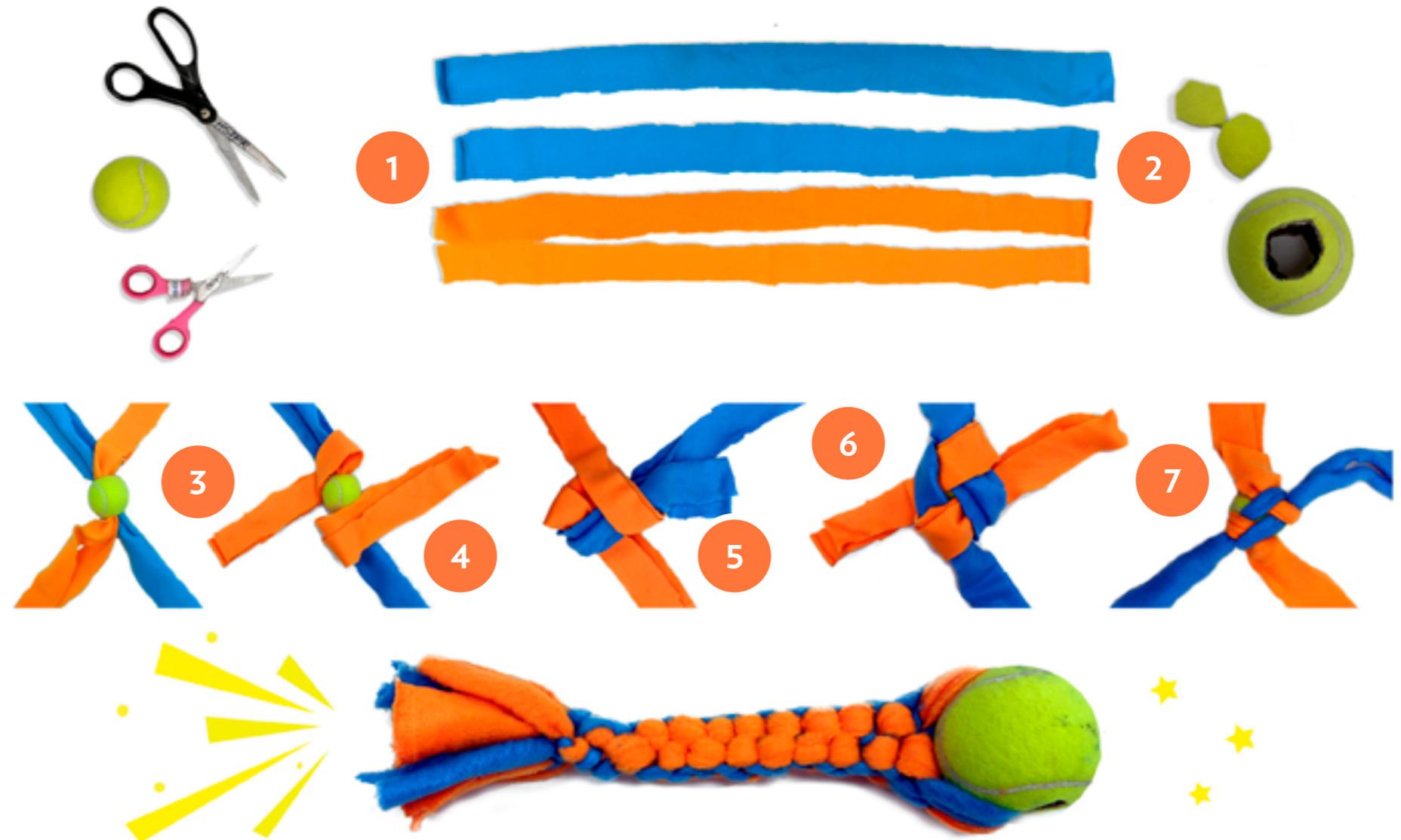
## INSTRUCTIONS:

Cut old t-shirt or fleece into strips that are about 1-2 inches. You will need at least 2 strips. Take the tennis ball and cut two holes, on opposite sides of the ball.

*\*Please have an adult help you with this step and be careful!\**

Pull the two strands through the tennis ball and do a 4 strand braid. Once you reach the end, tie off the 4 strands in a knot. If you want a thicker rope, use 4 strips of fleece or t-shirt and the same process as above, just doubling the strips like in the pictures to the right.

**Extra Challenge:** You can make them different sizes. The short braids are great for dogs who like to play fetch and the longer braids are great for tug of war!



# PROJECT 5-BRAIDED ROPE TOY



**TOOLS:** Old shirt or fleece, fabric scissors, and regular scissors or knife

## **INSTRUCTIONS:**

Lay the 4 fabric strips on top of each other and tie a knot in one end. I find it helpful to tape the braid down onto a table or put it between your knees. This helps you to be able to pull things tight as you go along.

Make a square knot. Fold the bottom piece up to the top right (see the blue strip in steps 4 and 5 in the pictures).

Then fold the top piece down to the bottom left (orange strip in steps 4 and 5).

Fold the right piece (purple strip in step 6) to the left, going over, then under the two pieces of fabric in the middle. Take the purple strip and fold it over to the blue strip and under the orange strip. Then fold the left piece (green strip in step 7) over to the right, going over (orange strip in step 7), then under (blue strip in step 7). Pull all four ends of fabric to tighten the knot (step 8). Continue all the way down and tie a knot at the end to finish off the toy.

# PROJECT 6-POM POM



**TOOLS:**  
Yarn and scissors

**INSTRUCTIONS:**

Start by selecting a type of string and holding the end in the palm of your hand. Wrap the string around and around your hand, looping it at least 50 times (step 1). Now slide the looped string off your hand and tie a piece of string around the center (step 2 and 3). Work your scissors through the looped sides of the string and cut (4), creating the pom-pom kitty toy. Cut the other half of the looped string and trim around the pom-pom as needed. Make several so your feline has a toy for every room in your house.



# PROJECT 7-NO SEW BANDANA



**TOOLS:** Fabric scraps or felt (at least 14 x 14 inches) or bandana. Fabric Scissors, Iron, Hemming Tape or Glue Gun, Dog collar

## INSTRUCTIONS:

If using fabric or felt, use a marker or pencil to draw the outline of your bandana on the inside side of the fabric or felt. The outline will resemble a large square.

Place the fabric, felt, or bandana on the table and lay the collar going from one corner to an opposite corner of the square (step 1). Use a glue gun or hemming tape and iron to join the two halves of the fabric together (step 2). Don't glue or use the hemming tape on the collar so you can adjust it or cut it off if needed! You can then take extra fabric or felt and create fun shapes to glue on to your new bandana.



# PROJECT 8-NO SEW FLEECE BED



**TOOLS:** Anti-pill fleece fabric (2 yards for a small bed 2 1/2 yards for a medium bed, 3 yards for a large bed)  
Rotary cutter and cutting mat (or fabric scissors)  
Polyester fiber or cotton fill material, tape measure or ruler.

## INSTRUCTIONS:

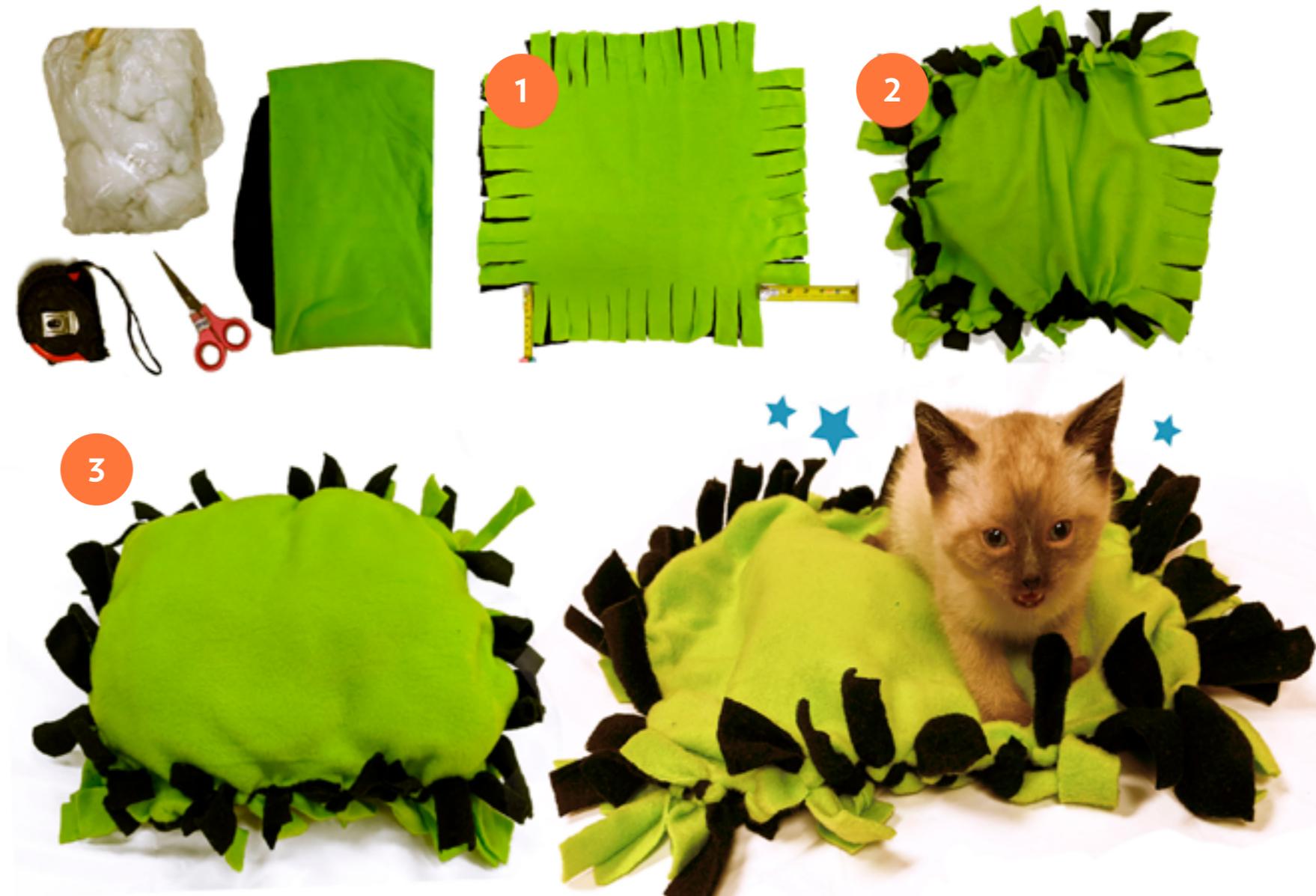
Cut your fleece into two pieces of the same size. Lay one on top of the other, so you can cut through both pieces at the same time.

Using your rotary cutter or fabric scissors, cut a 3" x 3" square out of each corner of your fabric. Then make 3" long cuts along the edges of the fleece, making strips about 1" wide (step 1).

Next, take a pair of the fleece strips and tie them into a double knot (or square knot). Tie off your fleece strips along 3 of the sides of the pet bed (step 2). Then tie off strips along the final side, stopping about halfway.

Stuff your fill material through the opening until it reaches your desired fullness, then tie off the remaining fleece strips to close up the bed (step 3).

***\*Only unstuffed beds are accepted for the shelter.***



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